WIC Laboratory Rules



How to Handrub?

RUB HANDS FOR HAND HYGIENE! WASH HANDS WHEN VISIBLY SOILED

Duration of the entire procedure: 20-30 seconds

1a **1b**



Apply a palmful of the product in a cupped hand, covering all surfaces;

2



Rub hands palm to palm;

3



Right palm over left dorsum with interlaced fingers and vice versa;

4



Palm to palm with fingers interlaced;

5



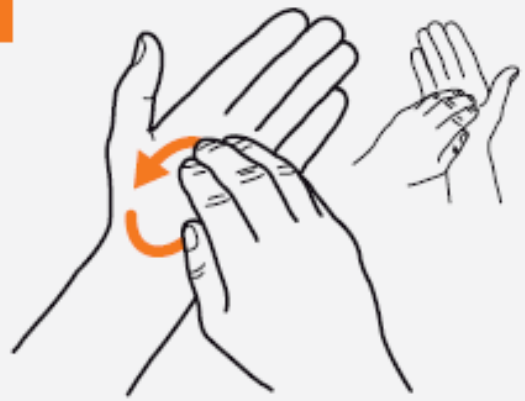
Backs of fingers to opposing palms with fingers interlocked;

6



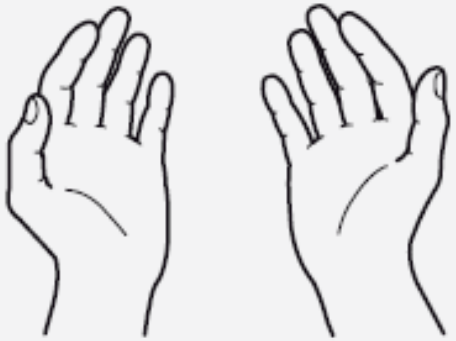
Rotational rubbing of left thumb clasped in right palm and vice versa;

7



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;

8



Once dry, your hands are safe.

World Health Organization

Patient Safety

A World Alliance for Safer Health Care

SAVE LIVES

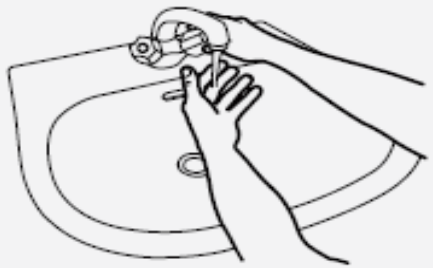
Clean **Your** Hands

How to Handwash?

WASH HANDS WHEN VISIBLY SOILED! OTHERWISE, USE HANDRUB

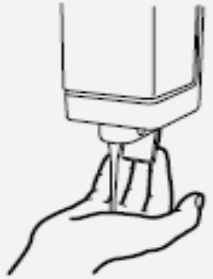
Duration of the entire procedure: 40-60 seconds

0



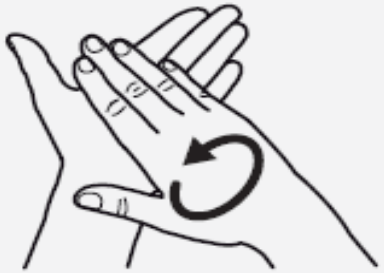
Wet hands with water;

1



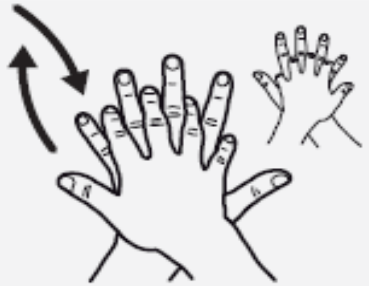
Apply enough soap to cover all hand surfaces;

2



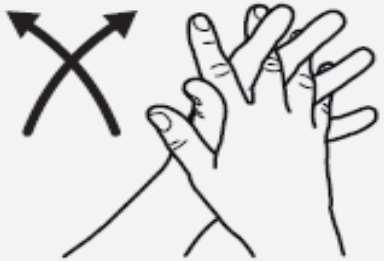
Rub hands palm to palm;

3



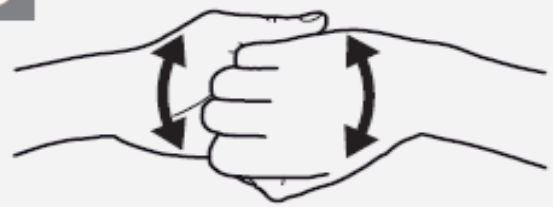
Right palm over left dorsum with interlaced fingers and vice versa;

4



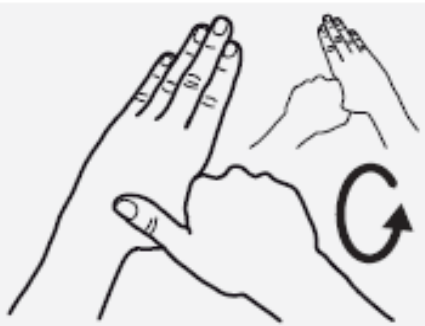
Palm to palm with fingers interlaced;

5



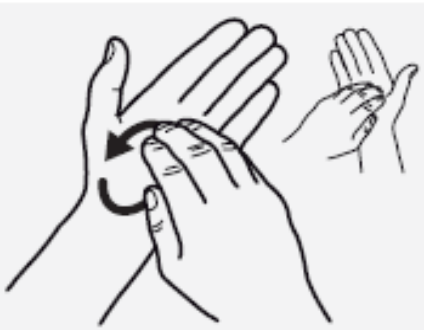
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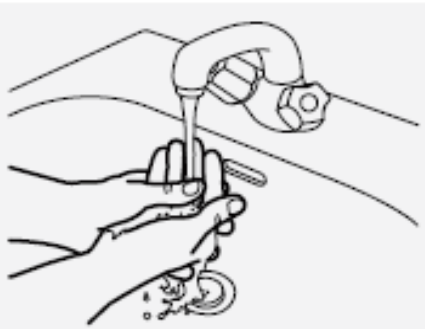
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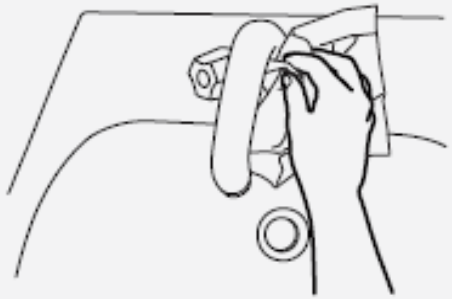
Rinse hands with water;

9



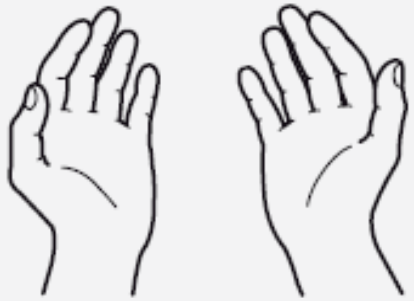
Dry hands thoroughly with a single use towel;

10



Use towel to turn off faucet;

11



Your hands are now safe.

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SAVE LIVES

Clean **Your** Hands


Health Ed
SOLUTIONS

How to Remove Gloves Safely



Gloves

- Should fit your hand—request x-small to x-large.
- Allergies/sensitivities.
  - Nitrile or vinyl gloves are latex-free.
- Always change gloves between clients (even in same family).
- Wash or sanitize hands before and after gloving.
- Dispose in regular garbage.



Other Lab Considerations

- No food or drink in lab area.
- Must ask if client has a bleeding disorder.
- Bandages can be a choking hazard for children under 4 years old.
- Use of hazardous waste bags.
- Sharps container for lancets and microcuvettes.



Bloodborne Pathogens

- Review pre-requisite Bloodborne Pathogens Modules.
- State and federal law require bloodborne pathogen training ***before*** doing tasks that may potentially exposure employees to human blood.
  - Required annually and must have some agency-specific content.
  - Not fully covered by this training or the modules.
- Employer required to offer free hepatitis B vaccine and antibody testing.

