

Staffing and Supervision 11: Questions for Mentors

General Questions

- How do you feel things are going?
- What has surprised you most about the job so far?
- What do you wish you had known before you started the job?
- What are some goals you would like to set for yourself?
- What makes you look back on the day and feel it was worthwhile?
- What do you wish you could change about the job?
- How are you being supported in your job?

Reflection of Counseling Encounters

- Of the moms you talked with last week, who stands out in your mind?
- What went well? What are you most proud of?
- What made you feel uncomfortable?
- What solutions did you offer the mother?
- What other options do you feel might have helped?
- What are you seeing as some of the biggest obstacles of new moms?
- If you could have one wish, what would it be?

Looking Ahead

- Where would you like to be in your own personal growth in a month? Six months? A year?
- What training do you feel you would need to be able to achieve that?
- What support can we give you?