## **Peer Counselor Orientation Plan for Peer Managers**

Consider this plan an example to guide training by the PC Manager. Feel free to adapt it to meet your LA needs.

### **Basic Orientation**

- Workspace Orientation
  - Email Access

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- Clinic Orientation
  - Staff names
  - Clinic numbers and extensions
  - Review WIC Schedule and locations
  - Dress Code

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- Human Resources
  - o Timesheet
  - o Requesting time off
  - Review mileage reimbursement and documentation
- MI-WIC Access
  - Confidentiality Statement

#### Online Modules:

- Complete Michigan WIC Civil Rights Training- must pass with a 90%- please print copy of quiz once completed https://courses.mihealth.org/PUBLIC/home.html
- Complete MI-WIC LMS All Clinic Staff Training https://courses.mihealth.org/PUBLIC/home.html
- Watch Client Centered Services (CCS) Webcasts (role-specific) <a href="https://www.michigan.gov/mdhhs/0,5885,7-339-71547">https://www.michigan.gov/mdhhs/0,5885,7-339-71547</a> 4910 19205-448628--,00.html
  - Scroll down to the "CCS Skill Building" Section
  - Click on the bubble "Webcast for CPA/RD/BF Peer" and watch the webcasts:
    - Continuity of Care: Why it Takes a Team
    - Approaching Sensitive Issues in WIC Nutrition Counseling
    - Evoking and Building Motivation for Change
    - Client Centered Goal Setting
- Complete Wichealth.org Client Centered Services Online Training: https://www.wichealth.org/Account/Login
  - o Sign in with LA sign-in information Click on "Academy" at bottom
  - Complete the following:
    - 1. Rethinking How We Listen and Respond in WIC
    - 2. Communicate to Motivate
- Complete 5-hour Coffective Training Videos

- Review the following items on the MDHHS PC website <a href="https://www.michigan.gov/mdhhs/0,5885,7-339-71547">https://www.michigan.gov/mdhhs/0,5885,7-339-71547</a> 4910 19205-493763--,00.html
  - Job Description
  - Scope of Practice for peer counselors ("Loving Support Through Peer Counseling: A Journey Together"
    Scope of Practice for the Peer Counselor)
  - o When to Yield
  - Policies
  - PC Orientation Checklist

#### In-Person WIC Clinic Orientation:

- About WIC and Eligibility
- Food packages and categories
- Breast pump location, inventory & distribution
- Breastfeeding and Infant Feeding Classes
- Breastfeeding Support Groups
- Observe Clerical Staff
- Observe CPA Staff
- Breastfeeding Documentation in MI-WIC
- Coffective use in clinic
- Breastfeeding integration into the WIC clinic workflow
- Learn how to complete activity reports
- Obtain required reports
  - Peer counselor contact report
  - Client call back report

# Other tasks to complete:

- Obtain the following books:
  - o Mother's Milk and Medications, Thomas Hale
  - o Breastfeeding Answers: A Guide for Helping Families (Second Edition), Nancy Mohrbacher
  - o The Womanly Art of Breastfeeding, La Leche League
- Register for/ attend upcoming Breastfeeding Basics Training
- Schedule orientation with Regional Lactation Consultant

It is encouraged the above be completed prior to breastfeeding specific training with the LC.

• Shadow local agency lactation consultant and another peer counselor (ideally from another local agency, if possible)

\*\*\* Prior to seeing clients, the PC must either attend Breastfeeding Basics or receive orientation with the Regional LC.