



Milk Expression Training Competency Check-Off List

WIC Employee Name: _____ Date: _____

WIC Agency: _____

Skill	Met	Not Met/NA	Note / Recommendations
Assemble:			
Ameda Pearl (MU)			
Ameda Mya Joy (SU-Personal)			
Ameda One-Hand w/ Flexishield (SU-Manual)			
Ardo Calypso Pro (MU)			
Ardo Alyssa (SU-Personal)			
Ardo Calypso To Go (SU-Personal)			
Hygeia PRO Pump (MU)			
Hygeia EnJoye Cordless (MU/SU-Personal)			
Hygeia One Hand (SU-Manual)			
Medela Symphony (MU)			
Medela Pump in Style (SU-Personal)			
Medela Harmony (SU-Manual)			
Spectra S2 (SU-Personal)			
Demonstrate/Explain:			
How to use TEAM approach for selecting a breast pump.			
How to teach a client to properly operate, assemble and clean each pump your agency provides (ACES).			
How to use Silicone Breast Pumps (Haakaa)			
How to determine proper breast shield/flange size and the need for Pumpin Pals.			
Importance of skin-to-skin contact.			
How to hand express.			
How to hands-on pump.			
How to properly handle and store human milk (ACES).			
Break Time for Nursing Mothers law			
How to evaluate breast pump suction levels.			
How to complete the Single-User and Multi-User Breast Pump Release Agreements.			
Issuance and documentation in MI-WIC.			
How to clean a returned loaner breast pump.			
How to complete the Loaner Breast Pump Return Receipt.			
Your agency's process for issuing and retrieving pumps.			

Assessment administrated by: _____ Title: _____