



Level 2 Clinical Summary Problem Solving Supplementation

Maternal Problem	Signs	Causes	Questions to Ask	Tips/Solutions	When to Yield
Combination Feeding	<ul style="list-style-type: none"> ▪ Requests for formula from WIC. 	<ul style="list-style-type: none"> ▪ Delayed milk production. ▪ Perception of insufficient milk. ▪ Lack of support. ▪ Influence from family members. ▪ Early challenges with breastfeeding. ▪ Desire for others to help feed the baby. ▪ Belief that their milk alone does not satisfy baby. ▪ Mother's desire to breastfeed and give formula. ▪ Returning to work/school. 	<ul style="list-style-type: none"> ▪ What are some reasons you began giving your baby formula? ▪ What changes have you noticed since you started giving your baby formula? ▪ What do your family members tell you about using formula? ▪ What does your baby's healthcare provider say about using formula? ▪ Describe any plans you might have to go to work or school. 	<ul style="list-style-type: none"> ▪ Offer basic information such as maintain milk production if supplementing. ▪ Build a healthy milk production to support combination feeding by getting a good start in early days (skin to skin, feeding 8-12 times in 24 hours, avoiding pacifiers and formula in first month). ▪ Keep breasts well drained in the first month to build milk production. ▪ Hand express or pump to remove milk as needed. ▪ Address breastfeeding challenges promptly. ▪ Talk with family members during pregnancy about breastfeeding goals. ▪ Set a good foundation in the first month with exclusive breastfeeding. ▪ Provide support to breastfeed as long as desired. 	<p>Use Scope of Practice to determine which Level 3 or 4 staff to refer to:</p> <ul style="list-style-type: none"> • Mom requests a food package change to receive formula. • Lactating parent wishes to rebuild production. • Parent is concerned about baby's weight or output. • Mom needs assistance with alternative feeding methods.

Adapted October 2023 from WIC Breastfeeding Curriculum 2020 – Clinical Summary Level 2 Handouts

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