

MICHIGAN WIC PROGRAM

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Vendors are strongly encouraged to stock as many varieties of WIC-approved foods as possible, including those items not part of the WIC Vendor Minimum Stock Requirements.

WIC VENDOR MINIMUM STOCK REQUIREMENTS

EFFECTIVE: APRIL 1, 2026

A WIC VENDOR MUST HAVE, AT A MINIMUM, THE FOLLOWING FOOD ITEMS IN STOCK AT ALL TIMES:

FOOD GROUP	QUANTITY	WIC-APPROVED PRODUCT SPECIFICATIONS
FRUITS	\$20 retail value OR 15 pounds 4 varieties At least 2 varieties must be fresh	Any combination of fruits except those listed in the Food Guide as not allowed. Must carry at least 4 varieties of fruits. At least 2 varieties must be fresh; the other two varieties may be fresh, frozen or canned. Varieties of fruit within the same family count as one variety. For example, green and red grapes count only as grapes. Lemons and limes count only as one variety.
VEGETABLES	\$20 retail value OR 15 pounds 4 varieties At least 2 varieties must be fresh	Any combination of vegetables except those listed in the Food Guide as not allowed. Must carry at least 4 varieties of vegetables. At least 2 varieties must be fresh; the other two varieties may be fresh, frozen or canned. Yams and sweet potatoes DO count towards the minimum stock requirement. White potatoes, cilantro and parsley are approved, but DO NOT count towards the minimum stock requirement.
BREAD	4 units of bread (1 unit = any size package)	At least 4 units, must be WIC-approved whole wheat/whole grain bread or bread products. This includes buns, bagels, English muffins and pita.
WHOLE GRAINS	4 units (1 unit = 16-24 oz package)	Approved whole grain options include tortillas, pasta, oats and other whole grains such as brown rice. See Food Guide for allowable products.
NUT AND SEED BUTTERS	4 units (1 unit = 16-18 oz jar)	Any type of nut or seed butter, including peanut butter. Any brand and variety (smooth, creamy, crunchy or extra crunchy) in a 16-18 oz jar. See Food Guide.
BEANS, LENTILS AND PEAS	4 units (1 unit = 16 oz bag or 4 cans/jars)	Any brand in 16 oz bags AND/OR 15-16 oz cans/jars. 4 cans/jars are equal to 1 bag of dry beans, lentils or peas.
FISH	12 units (1 unit = package/can of any size)	Any brand in 2.5-30 oz packages of chunk light tuna, mackerel, sardines or pink salmon.
CEREAL	9 units 3 varieties, at least 1 whole grain (1 unit = box/bag of any size)	At least 1 variety must be whole grain. Only cereals in WIC-approved varieties and sizes will count towards minimum stock requirements. See Food Guide for WIC-approved brands and sizes of cereal, including those that are whole grain.
64 OZ JUICE	10 units, at least 2 flavors (1 unit = 64 oz bottle)	At least 2 flavors in 64 oz bottles. See Food Guide for allowed WIC-approved brands, types and flavors.
INFANT FRUITS AND VEGETABLES	72 units At least 1 variety of fruit(s) AND 1 variety of vegetable(s) (1 unit = any size tub or jar)	Examples include 4 oz glass jars, 4 oz 2-pack plastic tubs and 2 oz 2-pack plastic tubs. Any variety single fruit or vegetables (ex. apple sauce, sweet peas). Any variety mixed fruits/vegetables (ex. carrots & peas, apples & bananas, sweet potatoes & apples).
INFANT CEREAL	6 units, at least 2 varieties (1 unit = 8 oz box/container)	At least 2 varieties (i.e., multigrain, oatmeal, rice, whole wheat, etc.) 8 oz containers of infant cereal without added fruit, formula, DHA/ARA or other non-cereal ingredients.
FORMULA	12 units (1 unit = 1 can)	Any combination of 12.4 oz can powder Similac Advance, 12.6 oz can powder Similac Gentle Comfort, 12.5 oz can powder Similac Sensitive AND/OR 12.4 oz can powder Similac Soy Isomil. 13 oz concentrate Similac Advance must be ordered upon request.
EGGS	5 units (1 unit = dozen eggs)	Any size, white shells only, one dozen package; must be cage free.
WHOLE MILK	4 units (1 unit = 1 full gallon)	Any brand of whole milk in full gallons. Half gallons are approved but do not count towards the minimum stock requirements.
LOW-FAT MILK	4 units (1 unit = 1 full gallon)	Any brand 1%, 1/2%, or skim milk in full gallons. Half gallons are approved but do not count towards the minimum stock requirements.
YOGURT	4 units (1 unit = 32 oz)	Whole milk yogurt is WIC-approved, but only low-fat and nonfat yogurt varieties count toward requirement. Any brand of WIC-approved yogurt in 32 oz tubs, 4 oz 4-packs, 4 oz 8-packs, 2 oz 8-packs AND/OR 2 oz 16-packs. Note: A 4-pack consisting of four 4 oz cups is equal to 16 oz and thus would only count as 1/2 a unit.
CHEESE	5 units (1 unit = 16 oz package)	Any brand of cheese in the types listed in the Food Guide. Must be pre-packaged in 16 oz only.

Only items authorized and listed in the current Michigan WIC Food Guide and published updates will be counted toward the mandatory minimum stock requirements listed above.