

## Purpose, Objectives, and Disclosures

### Milk Expression Training

**March 18, 2026**

***This activity offers maximum educational hours of:***

**3.50** contact hours for **NURSES**

**3.50 L** CERP's for **LACTATION** Consultants and **IBCLC**

**3.50** educational hours for **REGISTERED DIETITIANS (COA)**

**3.50** educational hours for **OTHER Healthcare Professionals** (Certificate of Attendance)

#### IMPORTANT REQUIREMENTS FOR CONTINUING EDUCATION OPPORTUNITIES

- ✓ Participants requesting credit must be registered for the event and have verified attendance.
- ✓ You must attend the entire training to claim credit.
- ✓ **TO RECEIVE CE HOURS, YOU MUST COMPLETE THE EVALUATION!** Click the link in the email you will receive after the event to access the evaluation.
  - If you do not receive a link to the survey within 2 business days of the event, check to see if it went to your SPAM or Junk folder.
  - If you do not receive a link to the survey within **2 business days** of the event, please email [CEInfo@mphi.org](mailto:CEInfo@mphi.org) for next steps. Include your activity name and date with your request.
- ✓ Certificates are immediately generated upon the completion of the evaluation. You will be able to download the PDF certificate from the submission page and a copy will also be sent to your email. A certificate of attendance will automatically be provided to anyone with verified attendance.
- ✓ We do not keep an archive of past certificates, so please retain a copy for your records.
- ✓ Direct any questions to: [CEInfo@mphi.org](mailto:CEInfo@mphi.org)

**PLEASE NOTE: CREDIT WILL NOT BE AWARDED UNLESS ALL CRITERIA IS MET**

#### PURPOSE:

This training will provide new local WIC agency Breastfeeding Coordinator or other local agency representative with the necessary information, skills, and administrative tools to train their local WIC staff to provide information effectively and efficiently on breast pumps and hand expression of milk to WIC participants. This is a train the trainer format, and it is expected that the local agency representative attendee will use this information to train others at their agency

#### LEARNING OUTCOME:

After attending this training, 100% of attendees will effectively and efficiently provide information on breast pumps and hand expression of milk to WIC participants. The outcome will be measured by evaluations of this training on how they will apply the knowledge. Will also measure by assessing their answers and application of knowledge during the case studies and other learning activities presented at this training.

#### LEARNING OBJECTIVES:

- List quick and effective ways to teach milk expression in a busy clinic environment.
- Identify how to use policy and guidelines to assess client's eligibility for a hand pump, personal use or multi-

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user breast pump.

- Identify quick ways to determine the correct breast pump to use with mothers in a variety of different settings

### **DISCLOSURES:**

All presenters and planning committee members have completed a Financial Disclosures document that includes an explanation of Relevant Financial Relationships. Based on these forms none of the planning committee members or presenters have relevant financial relations with ineligible companies to disclose.

### **AVAILABLE CONTINUING EDUCATION:**

#### **Nursing Contact Hours Designation**

A total of **3.50** Nursing contact hours have been awarded for this activity by the Michigan Public Health Institute – Continuing Education Solutions (MPHI CES 203425480).

*Michigan Public Health Institute-Continuing Education Solutions (MPHI-CES) is approved as a provider of nursing continuing professional development by the Louisiana State Nurses Association - Approver, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*

#### **International Board Certified Lactation Consultants (IBCLCs)**

This course covers a total of **3.50** instructional hours in topics on the IBCLC Exam Blueprint. Out of the 3.50 maximum instructional hours available; 3.50 are L CERPs, 0.00 are R CERPs, and 0.00 are E CERPs. Learners should keep this document and the agenda for the training, to show the exact and total instructional minutes, and the objectives for the education.

#### **Registered Dietitian Designation (RD/RDN)**

A total of **3.50** educational hours are available for RD/RDN and will be awarded on a Certificate of Completion for self-reporting purposes.

All participants have been provided with a copy of the event purpose statement, event goals, event objectives, session descriptions, session goals, session objectives, and disclosure statements prior to the start of this event.