



Purpose, Objectives, and Disclosures

Breastfeeding Peer Update Conference

September 12, 2023

This activity offers maximum educational hours of:

3.00 contact hours for **NURSES**

2.75 CERP's for **LACTATION** Consultants and **IBCLE**

3.00 educational hours for **OTHER Healthcare Professionals** (Certificate of Attendance)

Educational hours for all disciplines will be based on the sessions you report as attending in the post-event evaluation.

IMPORTANT REQUIREMENTS FOR CONTINUING EDUCATION OPPORTUNITIES

- ✓ Participants requesting credit must be registered for the event and have verified attendance.
- ✓ Participants must attend the entire training to receive credit.
- ✓ **TO RECEIVE CE HOURS, YOU MUST COMPLETE THE EVALUATION!** Click the link in the email you will receive after the event to access the evaluation.
 - If you do not receive a link to the survey within **2 business days** of the event, please email CEInfo@mphi.org for next steps. Include your activity name and date with your request.
- ✓ The certificate reconciliation process starts as soon as the evaluation closes and can take up to 45 days to complete.
 - After reconciliation has been completed, you will receive an email to let you know they are available.
 - Certificates will be posted in your Event Squid registration account for download.
- ✓ A certificate of attendance will automatically be provided to anyone with verified attendance.
- ✓ Direct any questions to: CEInfo@mphi.org

PLEASE NOTE: CREDIT WILL NOT BE AWARDED UNLESS ALL CRITERIA IS MET

PURPOSE:

This is a 1-day training offered to Breastfeeding Peer Counselors across the state and is one of the four required pieces of training for peers. The statewide Peer Update is an opportunity for peer counselors to come together and learn new information from a nationally recognized speaker, share best practices, and network with other peers.

Participants will learn ways to emotionally assist and provide bereaved breast/chestfeeding clients who experience a pregnancy and/or infant loss with resources to navigate this journey. Clients who continue to produce breast milk after a pregnancy or infant loss are faced with even greater emotional difficulties. Individuals attending this session will understand ways to constructively support clients experiencing these difficult situations.

There will be an opportunity to understand recent laws (The Pump Act) passed that improve the ability for breastfeeding persons returning to work to provide human milk for their child.

LEARNING OUTCOME:

After attending this conference, attendees will have knowledge of how to assist clients experiencing traumas, constructively manage breast milk production effected by trauma, and know how to better advocate for clients planning to pump breast milk after returning to work.

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LEARNING OBJECTIVES:

- Identify ways to support clients in navigating feelings with infant loss.
- Describe how to have milk production conversations with clients experiencing infant loss.
- Describe a plan to help clients deal with pregnancy/infant loss.
- Identify the Break Time for Nursing Mothers/Pump Act and other tools to assist with understanding provisions.
- Identify ways to advocate for breast and chestfeeding clients in the workplace using the law.
- List best practices used by peer counselors to educate and support WIC breast and chestfeeding clients.

SESSION OBJECTIVES:

Session #: 101

Session Title: Pregnancy and Infant Loss: A Journey of Hope & Support

Presenter(s): Anesha Stanley, CLC, CD, BD, PCD, CCCE

Available CE: CNE, IBLCE (R) 1.5 hrs

Objective 1: Describe the impact that Perinatal, Neonatal, and Infant Loss has on birthing persons and families.

Objective 2: List ways to connect with individuals and families experiencing neonatal and infant loss

Objective 3: Identify ways to have open conversations and recognize signs of loss in clients/families

Session #: 103

Session Title:

Providing Urgent Maternal Protections for Nursing Mothers Act (the PUMP Act)

Presenter(s): CNE, IBLCE (L) 1.25 hrs

Mildred S. Kress/Bradley Lapchak

Community Outreach &

Resource Planning Specialist

US Department of Labor

Available CE:

Objective 1: Describe the PUMP Act and the regulations under the Fair Labor Standards Act

Objective 2: List Act requirements and who is covered under the law

Objective 3: Describe available PUMP Act resources for clients

Session #: 104

Session Title: Peer Sharing

Presenter(s): Dionne Moore Smith, WIC Breastfeeding Peer Counselor Coordinator

Available CE: NO CE

Objective 1: Discuss how tools gained at the training can be applied daily.

Objective 2: Explain best practices that should be used with peers

Objective 3: List the shared issues and brainstorm solutions discussed.

DISCLOSURES:

All presenters and planning committee members have completed a Financial Disclosures document that includes an explanation of Relevant Financial Relationships. Based on these forms none of the planning committee members or presenters have relevant financial relations with ineligible companies to disclose.



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AVAILABLE CONTINUING EDUCATION:

Nursing Contact Hours Designation

A total of **3.00** Nursing contact hours have been awarded for this activity by the Michigan Public Health Institute – Continuing Education Solutions (MPHI CES 101056351).

Michigan Public Health Institute-Continuing Education Solutions (MPHI-CES) is approved as a provider of nursing continuing professional development by the Louisiana State Nurses Association - Approver, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Certified Lactation Consultant Designation (IBCLE)

A total of **2.75** instructional hours in topics on the IBCLE Exam Blueprint have been awarded for this activity by Michigan Public Health Institute - Continuing Education Solutions (MPHI-CES xxx). Out of the 3.00 maximum instructional hours available; 1.25 are L CERPs, 1.50 are R CERPs, and 0.00 are E CERPs. (MPHI-CES 20236351L)

MPHI-CES is an approved Long-term Provider (CLT113-01) by the International Board of Lactation Consultant Examiners. Term expires 2024.

All participants have been provided with a copy of the event purpose statement, event goals, event objectives, session descriptions, session goals, session objectives, and disclosure statements prior to the start of this event.