



Breastfeeding Resources

What	Who	Contact Information
WIC		
Peer Counselor(s)		
Local Lactation Consultant(s)		
Breastfeeding Clinic(s)		
Breastfeeding Warm Line(s)		
ILCA Resource List		
La Leche League		
Support Group(s)		
Breastfeeding Class(es)		
Breastfeeding Coalition(s)		
Michigan Breastfeeding Network		
Pumps – Purchase or Rental		
Breastfeeding Supplies		

Other Resources:

[Anishinaabe Resource Manual](#)

[ABM Protocol #33: Lactation Care for LGBTQ+ Patients](#)

[American Academy of Pediatrics Policy Statement: Breastfeeding and the Use of Human Milk](#)

[American College of Obstetricians and Gynecologists \(ACOG\) Postpartum Birth Control](#)

[Biological Nurturing](#)

[Breastfeeding State Laws](#)

[Cannabis Use During Pregnancy and Lactation-ACOG](#)

[Center for Disease Control and Breastfeeding](#)

[Coffective](#)

[Federally Recognized Tribes in Michigan](#)

[First Droplets](#)

[H.U.G. Your Baby: Help, Understanding, Guidance for Young Families](#)



[Human Milk Banking Association of North America](#)

[Infant Risk Center and App](#) Phone Number: 1 (806) 352-2519, Monday – Friday, 8am – 3pm CT

[Infant Safe Sleep](#)

[Institute for the Advancement of Breastfeeding & Lactation \(IABLE\)](#)

[KellyMom](#)

[LactMed](#)

[MDHHS - WIC Breastfeeding Resources for WIC Staff](#)

[MDHHS - WIC Breastfeeding Resources for Families](#)

[MDHHS - WIC Clinical Summaries](#)

[MDHHS - WIC Milk Expression Resources for WIC Staff](#)

[MDHHS - WIC Lactation Circle of Care: Roles, Scope and Referrals](#)

[MDHHS - MI Lead Safe Resources for Health Professionals](#)

[Office on Women's Health and Breastfeeding](#)

[Salud America](#)

[The Surgeon General's Call to Action to Support Breastfeeding](#)

US Breastfeeding Committee [LGBTQUIA+ and Pride Month Resources](#)

US Food & Drug Administration: [Use of Donor Human Milk](#)

[USDA WIC Breastfeeding Support](#)

Videos used during Breastfeeding Basics:

[Baby-Led Breastfeeding](#) (available for purchase)

[Biological Nurturing](#) (available for purchase)

[Breast Compression](#) (Baby Felix, Facebook video)

[Breastfeeding Attachment](#)

[Breastfeeding Positions: 5 comfortable ways to feed your baby](#)

[Early Hand Expression & Milk Production](#)

[Growing a First Food Movement](#)

[Hands-On Pumping](#)

[Latch 1-2-3: Troubleshooting Breastfeeding in the Early Weeks](#) (available for purchase)

[Magical Hour](#) (available for purchase)

[The Milky Way](#)

[Paced Bottle Feeding](#)

Trainings for continued learning:

[Michigan Breastfeeding Network Free Monthly Webinars](#) (recorded, available for 1 year)

[Michigan WIC Breastfeeding and Peer Counselor Trainings](#) (live and/or archived)

[Michigan WIC Milk Expression Training](#) (For WIC staff, community partners as available)

[Mid-West Region OA Grant-Funded Trainings](#) (For WIC staff, community partners as available)