



Virtual Breastfeeding Basics Training Agenda

Day 1

8:30 AM – 8:45 AM	Welcome and Introductions
8:45 AM – 10:30 AM	Communicating with Families About Breastfeeding
10:30 AM – 10:45 AM	Break
10:45 AM – 11:30 AM	Views About Breastfeeding
11:30 AM – 12:20 PM	Reasons to Breastfeed
12:20 PM – 12:30 PM	Wrap-Up

Day 2

8:30 AM – 8:40 AM	Welcome and Review
8:40 AM – 9:15 AM	Normal Breastfeeding Anatomy: How Milk is Made
9:15 AM – 9:50 AM	Normal Breastfeeding Connection: Mother Baby Together
9:50 AM – 10:25 AM	Normal Breastfeeding Behavior: Latching, Feeding and More
10:25 AM – 10:40 AM	Break
10:40 AM – 10:50 AM	Normal Breastfeeding Q & A
10:50 AM – 12:20 PM	Lifestyle: Breastfeeding in Real Life
12:20 PM – 12:30 PM	Wrap-Up and Evaluation



Virtual Breastfeeding Basics Training Agenda

Day 3

8:30 AM – 8:40 AM	Welcome and Review
8:40 AM – 10:00 AM	Normal Breastfeeding Clinical Applications
10:00 AM – 10:15 AM	Break
10:15 AM – 11:10 AM	Clinical Summaries/Escape Room Problems Have Solutions
11:10 AM – 11:30 AM	Breakout Rooms Case Studies
11:30 AM – 12:20 PM	Group sharing - Case Studies
12:20 PM – 12:30 PM	Wrap-Up Evaluation